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When you listen to and see some of the results that people have had with Lap Band surgery, you cannot help but feel inspired if you are battling your weight.

One patient who came to TopSurgeons had not even reached 30 years old, yet he had been battling being overweight for a number of years.

The patient said that following his Lap Band procedure at TopSurgeons, he had lost 36 pounds to date. More importantly, he noted just why he had the procedure done in the first place. It was for his son, saying he didn't want the boy to grow up without his father who was putting his health at risk by being overweight.

"I couldn't even walk five minutes without losing my breath," the patient noted. "Now I'm playing basketball and I have a lot more stamina."

Another TopSurgeons patient said that being overweight oftentimes prevented her from the pleasures of life.

"I was so in desperate need of getting help," the woman said. "My self-esteem was really low with all this weight I had on me."

Not only was she fighting low self-esteem, but even playing with her children was becoming an issue. Prior to having Lap Band surgery, the woman says that she would come home from work and go straight to bed as a result of being so tired. It was not exactly the picture she envisioned with her children.

Since having the Lap Band procedure done, the woman has regained her life and has a new outlook on her health.

"I play with my kids again and I have a lot more energy," she noted.

Are you one of those people who want to do something about their weight problem, but have not yet taken the initiative to do it? If so, give TopSurgeons a call today for a consultation and to learn more about Lap Band surgery.

TopSurgeons has successfully done more Lap Band surgeries than any other provider in California.