

Lap-Band Post Surgery

Lap-Band Post Surgery

In the time after lap band surgery, individuals often say that their Lap Band Results has changed their lives. Most patients generally lose anywhere from one to three pounds a week following lap band surgery.

One patient who said her Lap Band Results have been good for her life is Valerie.

At 49 years of age, Valerie says she would recommend the procedure to all her friends. Valerie tried a number of traditional diet plans and they just didn't provide the solution for her. She then went with lap band surgery and her Lap Band Results delivered the answer she was looking for.

Over a period of time, Valerie lost some 20 pounds and notes she now can walk further. Valerie adds that she now gets up and has a more positive outlook on her daily life than
As for her ultimate goal with her weight, Valerie said she would love to reach 145 to 150 pounds.