

# Body Lift

## Body Lift Post Gastric Bypass Surgery

Body Lift or Post Gastric Bypass Surgery is a combination of several procedures that usually includes a tummy tuck (abdominoplasty) and a thigh lift and/or buttock lift to remove excess skin and fat.

Many of our patients combine the body lift with other procedures such as a breast lift and breast augmentation to enhance their appearance. Another advantage of combining procedures is that there will be only one recovery period and there is a cost savings for anesthesia and operating room fees.

## What Are The Indications For A Body Lift?

The procedure is performed to remove the excess skin or fatty tissue that exists on the body as a result of age or extreme weight loss such as after gastric bypass surgery, gastric banding (LAP-BAND) or dieting.

## Am I A Candidate?

You can be a good candidate if you have excess or sagging abdominal, thigh, buttock or arm skin.

## What Can I Expect From A Body Lift Procedure?

The steps of the body lift procedure differ depending on the needs of the patient. Generally the abdomen is addressed first with the tummy tuck or panniculectomy procedure. tummy tuck involves an incision around the belly button and another incision on the lower abdomen. Your entire abdominal wall is tightened with permanent sutures, and the excess skin and fat is removed. The procedure continues with the rest of the body parts, and often involves liposuction on the thighs. Body lift surgery can take between 3 to 6 hours.

## What Are The Advantages?

The body lift procedure is often an integral part of the treatment plan for bariatric surgery patients or patients who have lost large amounts of weight. The advantage of having the surgery is the removal of large quantities of unsightly, hanging skin, which camouflage the desirable results of the weight loss.

## How Long Does The Procedure Take?

3-6 hours

## How Many Treatments Are Required?

Generally one

## How Long Will The Results Last?

The results are long lasting, usually for many years.

## Will I Have Pain?

As anesthesia is used, there is no pain during the procedure. A certain degree of swelling and bruising is normal. Discomfort is usually easily controlled with medications prescribed by your plastic surgeon.

## When Can I Go Back To Work Or School?

Most patients are able to return to work within 7-21 days.

## Who Will Perform My Treatment?

Treatments are performed by fully licensed and highly skilled plastic surgeons in our state of the art fully accredited outpatient surgical centers for ultimate safety and comfort.

## What Are My Alternatives?

- Tummy Tuck
  
- Buttock Lift Buttock or Thigh Lift
  
- Arm Lift
  
- Liposuction

## What Does It Cost?

The cost for this procedure may vary from patient to patient depending on various factors; however, we guarantee that our pricing will always be competitive with that of other local providers furnishing equivalent services.

We provide excellent financing options, and discounts for multiple procedures are available.

Call 1-800-506-8084 for more details.

#### Will My Insurance Cover?

If body lift is performed for treatment of a medical condition such as post-gastric bypass surgery with excessive hanging skin or after significant weight loss, insurance may cover the procedure. Pre-authorization by the insurance company is required prior to surgery. (insurance coverage)